



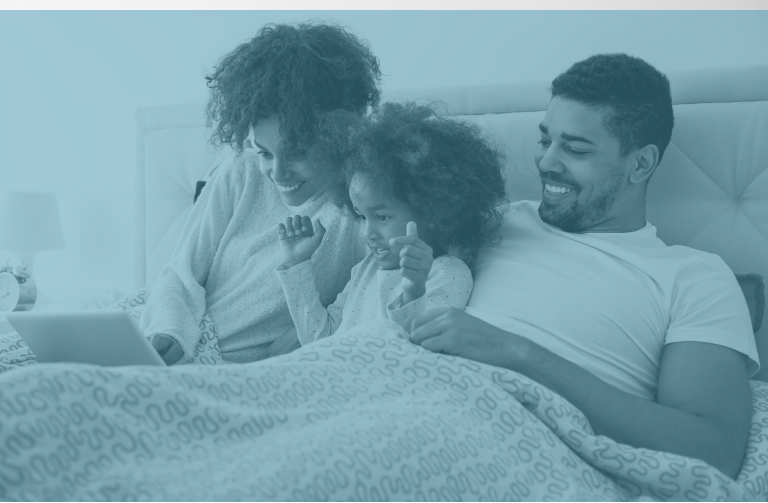
THE HUB

FAMILY RESOURCE CENTRE

Enhanced Triple P Positive Parenting

FOR FAMILIES LOOKING FOR ADDITIONAL
COPING STRATEGIES





Triple P Positive Parenting

Because families have all different needs, Triple P Positive Parenting offers a variety of tools for parents.. You choose what works best for your family!

Enhanced - This program will help you cope with emotional crises and stress, and/or argue less with your partner. Choose from the modules that best fit for your family!

Pathways - This program is designed to help your family stay together and enjoy being a family. It builds on strategies you learn in other Triple P programs to give you strategies you can use to avoid anger and stress. Each session is tailored to your family!

CONTACT US

6-118 Millennium drive
www.thehubfrc.ca
inquiries@thehubfrc.ca
780-743-9225 ext. 1